ASSESSING THE IMPACTS OF COMPUTER TECHNOLOGY IN HEALTHCARE INDUSTRY: PROGNOSIS, DIAGNOSIS, AND COVID-19 TREATMENT PERSPECTIVES

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Abstract- One of the major characteristics of computer is versatility; the ability to do different kinds of jobs or being applied in solving problems in all facets of life. The adoption of computer technology in health sector is increasing on daily basis. This paper looks into the impact of computer technological tools in health care sector with majors on prognosis, diagnosis and treatment. Precisely, Artificial Intelligence (AI) is one technology that has becomes relevant in virtually every field of human endeavor. Obviously, contributions of AI tools in health sector with particular emphasis on applying it in curbing deadly diseases can never be over emphasized. An online survey was carried out with 200 participants. 67% of them agreed that AI technology will bring a faster solution to curtailing high mortality rate due to deadly diseases. They also agreed that limited testing capabilities and discourteous behaviours of the citizens are the major issue making flattening the curve of mortality rate across the globe. They suggested that diagnosis and prognosis should be the potential angle beckoning for AI assistance to complement human experts.

Index Terms: Computer Technology, Healthcare, Artificial Intelligence, Prognosis, Diagnosis, Treatment, mortality

I. INTRODUCTION

The world is facing the greatest tragedy for the first time since the era of information rule. It is unbelievable that with current level of human development anchored on Information Technology and fastest means ever of transportation of human, goods and services, a pandemic killed over six millions of people. Over six hundred million people across the globe have been infected by the novel virus (Worldometer, 2020) [1].

Artificial Intelligence has penetrated every facet of life. The term is already a household name both to those that understand what it means and to those who know little or nothing about it. The global rapid transformation is a function of Artificial Intelligence. Artificial Intelligence has reached breakthrough levels of performance that is exceeding the abilities of human experts (Anthens, 2019) [2]. One of the major areas of applications of Artificial Intelligence is health care. The dependency on artificial intelligence based health care devices is exponentially increasing. For example, ten percent (10%) of Americans wear Activity Trackers to monitor the measures of their fitness or well being (Knowles et al, 2018) [3]. One specific domain is diagnosis. A computational paradigms utilizing artificial intelligence neuroscience knowledge will help to scale computing technology (Almone, 2019) [4]. A review carried out by Adhikari et al put it that it is only 13.8% of total published articles on COVID 19 were based on clinical manifestations and diagnosis (Adhikari et al, 2020) [5]. This study was carried out to support the fact that Artificial Intelligence System can improve the prediction, diagnosis, and treatment of several diseases.

II. METHODOLOGY

There was a systematic review of literature on application of Artificial Intelligence in Healthcare with emphasis on three specific applications of prognosis, diagnosis and treatment. Random Search terms such as Artificial Intelligence, Diagnosis, and Prognosis were used. Search Topic method was also adopted to obtain studies on use of Artificial Intelligence in health industry.

An online questionnaire was designed and disseminated via different social media platforms such WhatsApp and Facebook by providing participants with the link. Participants were drawn from academia made up of lecturers from different fields, postgraduate researchers in computer fields (both master's and doctorate students), undergraduate students of Computer Science, graduates of Computer Science and other disciplines. The targeted number of participants was 200, though 198 responded by filling and submitting. Each responder is only permitted by the system to submit only once.

III. ARTIFICIAL INTELLIGENCE IN HEALTHCARE INDUSTRY

Though there are several application areas of Artificial Intelligence in Healthcare sector, this study focused on 3 major areas of prognosis, diagnosis and treatment.

A. Prognosis

An accurate prediction of a disease will yield a measure that will ensure that particular disease is prevented or adequately prepared for appropriate treatment. Artificial Intelligence software was developed that can predict more accurately the presence of ovarian cancer. The system will automatically indicate the type of treatment that will be most effective for the particular patient. (Genetic Engineering & Biotechnology News, 2019) [6]. Artificial Intelligence has performed comparably to traditional methods when predicting patients at risk of cardiovascular disease (Edwards, 2019) [7]. The name of the Artificial Intelligence tool is TEXLAB. TEXLAB utilizes machine learning technique to evaluate the tumors in the ovary using shape, structure,

size and genetic composite. It generates the result as a Radiomic Prognositic Vector (RPV) score. The score determines how severe the likelihood cancer is going to be.

Daley (2020)[8] discussed 32 examples on where Artificial Intelligence can be applied in Healthcare. Some of his examples that were identified to fall under prognosis are: (1) Freenome; An Artificial Intelligence tool for predicting earliest stages of cancer in the blood. (2) Beth Isreal Deaconess Medical Center developed AI-Enhanced Microscope for identification and prediction of the presence of harmful bacteria in the blood. This has up to 95% accuracy. (3) Xtalpi's ID4 predicts the chemical and pharmaceutical properties of small molecule candidates for drug design and development in days. (4) KensSci is an AI tool that uses a combination of AI algorithms and big data to predict clinical information on who might get sick. (5) H2O.ai utilizes data from healthcare system to predict patients that needs intensive care unit (ICU) transfers. Table 1 summarizes some of the AI tools and where they are applied in prognosis of diseases.

Table 1: Examples of Artificial Intelligence ToolsApplied in Prognosis

SN	AI Tool	Disease	Organ	Target
		Predict	Affected	
1	TexLab	Cancer	Ovary	Predict
		(Tumor)		tumor in
				ovary &
				its
				severity
2	Freenome	Cancer	Blood	Detect
				cancer in
				the blood
				early
3	Beth Isreal	Bacteria	Blood	Detection
	Microscope			of
				harmful
				bacteria
4	Xtalpi's	Chemical	Molecule	Predict
	ID4		from	chemical
			Drug	properties
5	KenSci	Clinical	Body	Predict
		Information	System	who will
				get sick
6	H2O.ai	Data from	Body	Predict
		Healthcare	System	patients
		System		that needs
				ICU

B. Diagnosis

Good diagnosis of any disease is a half way of solving it. Artificial Intelligence nowadays performs a more reliable diagnosis when compare to human experts (Lo, 2019) [10]. Poor diagnosis of diseases in USA in 2015 accounted for the deaths of 10% of the total deaths in 2015 [8]. There is a need to pay more attention to computer based diagnostics approaches especially with the increasing growth of machine and deep learning application in the health industry. Some of the notable applications of Artificial Intelligence tools in diagnosis are summarized here: (1) PathAi; this is AI tool that uses machine learning algorithm to aid pathologists detect more accurately cancerous disease. (2) Bouy Health; this is AI algorithm that utilized symptoms and cure checker to diagnose and treat diseases. It makes use of Chabot that listens to a patient's symptoms and health challenges. It subsequently informs the patient correct care based on its outcome. (3) Proscia; this is a tool for detecting patterns in cancerous cells. (4) Echocardiograms; uses sound wave to paint the heart picture for identifying whether patient has any heart disease(Medical Futuristic, 2019) [11]. (5) Stanford University developed a smart algorithm for detecting skin cancer (Medical Futuristic, 2019) [11]. Table 2 organized some of these AI tools being used in Medical Diagnosis.

 Table 2: Examples of Artificial Intelligence Tools

Applied in Diagnosis

SN	AI Tool	Disease	Organ	Target
		Diagnosed	Affected	
1	PathAi	Cancer	Body	Detect cancer
				in the body
2	Bouy	Vast	Body	Use
	Health	Diseases		symptoms &
				Cure checker
				to diagnose
				diseases
3	Proscia	Cancer	Cells	Detects
		pattern		pattern in
				cancerous
				cells
4	Stanford	Skin	Skin	Detection of
	Smart	Cancer		skin cancer
	Tool			
5	Echocardi	Heart	Heart	Detection of
	ograms	Diseases		any heart
				diseases
6	California	Breast	Breast	Identify
	Tool	Cancer		cancer in the
				breast
7	Enlitic	Scan	Several	Streamline
		Related	organs	Radiography
		Cases		results

C. Treatment:

The essence of diagnosing a disease is to enable proper treatment. Healthy society is needed for increase workforce. The role of digital computer especially AI based tool in management of patients is enormous. For instance, AI based tool can be used to monitor and manage patient outside the four walls of care delivery (Panch, 2019) [12]. The highlights of those AI tools engage in treatment of patients are: (1) CloudMedX; this utilizes machine learning algorithm to produce information for improving patient recovery process under healthcare [8]. (2) Tempus; this is an AI tool for parsing through large world collection of clinical trial for the purpose of personalizing the healthcare treatment [8]. (3) Robot - Assisted Surgery; with appropriate algorithms, robots are used to perform complex surgery with better precision and flexibility [8]. (4) CyberKnife System; this is an AI tool with robotic arms for precision in treatment of cancerous tumors all over the body. (5) MYCIN; this is first AI program developed. It is used for treatment of blood infections (IBM Watson Health, n.d.) [13]. (6) Dxplain; AI system that provides hierarchical list for identification of medical indices. (Datta et al, 2019) [14] Table 3 is used to organize this AI tools deployed majorly for treatment and management of patients.

Table 3: Examples of Artificial Intelligence Tools

Applied in Treatment of Patients

SN	AI Tool	Disease	Organ	Target
		Diagnosed	Affecte	
			d	
1	CloudMedX	Generic	Generic	produce
				information
				for improving
				patient recovery
2	Tempus	Generic	Generic	Use clinical trial
				for personalizing
				the healthcare
				treatment
3	Robotic	Surgery	Surgery	For complex
	Surgery		part	surgery with
				better precision
				and flexibility
4	CyperKnife	Cancer	Cancer	treatment of
			location	cancerous tumors
5	Mycin	Blood	Blood	treatment of blood
		infection		infections
6	Dxplain	Generic	Generic	identification of
				medical indices

D. AI on COVID 19

So many AI researchers and Software developers have done appreciable level of work in a bid to provide solution to the pandemic. A look on research publications is implying that AI can outperform its human counterpart in healthcare key areas such as prediction, diagnosis, and treatment (Daveport and Kalakota, 2019) [15]. Artificial Intelligence remains one domain that has huge role to play. AI can provide solution from different angles. Some of the aspects AI can be deployed in fighting COVID 19 are getting substances that is capable of curing COVID 19, to specifically scan for COVID related signs pneumonia in the lung, and also in tracking the spread of the disease (VOX, 2020) [16]. Predicting the spread of COVID 19 depends on other factors such as time, space, population density and probability of interaction (Yang, 2020) [17]. AI Scientist highlighted nine ways machine learning can help to fight COVID 19 pandemic. They are:

(1) Identify those that will be most at risk (2) Diagnosing infected patients (3) Faster production of drugs (4) Predict the spread of the disease (5) Understand viruses better (6) Map where viruses come from (7) Predict the next pandemic (8) Identifying the primary host of the virus (9) Predicting potential pandemic (Schmitt, 2020) [18]. Extensive gathering of diagnostic data about COVID 19 using AI algorithms on those infected will be the most effective means of saving lives, which will also minimize economic effects of COVID (Naude, 2020) [19]. A new study has found those who were infected with COVID will go on to develop acute respiratory syndrome (Science Daily, 2020) [20]. Different Diagnostic Models Based System on COVID 19 is already in existence. They ranged from APP to diagnose asymptomatic patients to symptomatic patients. Also available is the APP for early detection of COVID 19 infection in adult (Wynants, 2020) [21]. Speedy and accurate precision in diagnosis of COVID-19 will save lives, mitigate the spreading of the disease. It will also generate data on which to train AI models [19].

It is an obvious fact that Artificial Intelligence played a huge role in solving the major problems of COVID 19 pandemic from the research works above. The review indicates that the role AI tools are playing comprises of prediction, diagnosis, treatment and health record tracking.

IV. RESULTS AND DISCUSSION

An online Survey was conducted to get the opinion of the public, their roles and what they think AI can offer in the fight against diseases. 198 out of 200 participants responded by filling and submitting their forms. Each participant is allowed to submit only once. The outcome is thus:

Question One: Do you agree that Artificial Intelligence is playing a great role in the world today? 198 responses were gathered from this question as shown in Table 4, where 54 strongly agreed, 81 agreed, 53 strongly disagree, 6 were indifference, 4 disagreed, and 2 participants did not respond.

Table 4: Artificial Intelligence is Playing a Great

Role in the World Today

SN	Response	Frequency	Percentage (%)
1	Strong Agree	54	27
2	Agree	81	40.5
3	Neutral	6	3
4	Disagree	4	7.5
5	Strongly	53	26.5
	Disagree		

Question Two: Which areas of life is Artificial Intelligence mostly applied?

197 participants responded to question. 85 (43.1%) participants were of the view that AI is mostly applied in health sector. This is followed by home automation with 42 (21.3%) participants. War fare and Education respectively got 26 (13.2%) and 19 (9.6%) respectively. Figure 2 illustrates the distribution using pie chart.

Count of Which areas of life is Artificial Intelligence mostly applied?



Figure 2: Area of Life AI is Mostly Applied

Question Three: Which area do you think Artificial Intelligence should be more useful in healthcare delivery?

198 participants responded to this question. Majority of the participants 113 (57.1%) picked diagnosis as the aspect of healthcare AI should be more useful. Treatment and prognosis followed with 33 (16.7%) and 24 (12.1%) respectively. Health record and Administration got 19 (9.6%) and 9 (4.5%) respectively. The illustration of the distribution is discuss in Figure 3.



Count of Which area do you think Artificial Intelligence should be more useful in healthcare delivery?

Figure 3: AI Most Useful Area in Health Sector

Question Four: What do you think is the major problem that made flattening the active cases curve of pandemic such as COVID 19 difficult?

This question got the attention of 195 participants. 76 participants (39%) attributed the problem of flattening the curve of active cases of COVID 19 to discourteous behavior of the citizens of different countries, while 75 participants (38.5%) think it is the limited test capabilities of many countries that is causing the problem. However, 25 participants (12.8%) blamed limited human experts and 19 participants (9.7%) said it is human immunodeficiency related concerns that is responsible for the problem. See Figure 4 for Bar Chart view

Count of What do you think is the major problem that is making flattening the active cases curve of COVID 19 difficult?



Count of What do you think is the major problem that is making flattening the active cases curve of

Figure 4: Major Problems in Flattening Active Cases of Pandemic (COVID 19) Curve

Question Five: Tick areas where you think Artificial Intelligence is most needed in handling COVID 19 pandemic that is ravaging human race

The focus of this question is to know which areas in fighting COVID 19 demand the deployment of AI. Diagnosis got 41.9%; Prognosis has 33.4%; treatment is having 18.4% and health records with other received 6.3%

V. CONCLUSION

86 participants making up 43.4% majority supported the fact that Artificial Intelligence is mostly applied in healthcare. Hence, this is in line with this research objective. Also, 114 responders (57.3%) opined that artificial intelligence is most useful in diagnosis of disease. 67 % of the participants agreed that Artificial Intelligence will bring closer solutions to health problems. Most people actually suggested that Diagnosis and Prognosis should be the major focus of researchers in trying to bring in AI solutions to the health challenges.

This survey is in agreement with calls for the world to think and continue to act towards Artificial Intelligence as a technology that will bring a rapid solutions to disturbing health concerns such as of COVID 19. It has identified diagnosis and prognosis as potential areas that require AI tools urgently. Also, the research stressed and call on policy makers in different countries to intensify more efforts in addressing the unruly behaviours of the citizens.

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