

Microbial biofilm and its importance for food microbiology

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Abstract

Due to the possibility of spoilage bacteria and pathogenic bacteria contaminating food items, biofilms are an important risk issue in the food business. Most bacteria may stick to surfaces and create biofilms, and live for short or even longer, depending on the kind of bacterium surrounding circumstances. Multiple developmental phases, including as primary attachment, mating, maintenance, and dispersion, are included in the life cycle of biofilms. Because bacteria of biofilms are often well shielded from stress of the environment, they are very challenging to eliminate and find in the food sector. The strategies and medications used to stop and stop the formation of biofilms are provided and addressed in the current publication. Furthermore, a number of cutting-edge methods, such as confocal laser scanning microscopy, polymerase chain reaction, DNA microarray, and, have recently been used to identify and assess bacteria adhered to surfaces. The prevention and management of food-related spoilage and pathogenic microorganisms can benefit from greater understanding of the structural, physiological, and molecular communication in biofilms. The current work emphasises fundamental and applied ideas that are crucial for comprehending how biofilms affect bacterial life, and spread in environments involved in processing of the food.

Key words: Biofilm, Food microbiology, Food spoilage, Bacteria.

Introduction

Bacteria can adapt their demands for existence in many settings with remarkable ease. The capacity of the microbe to create biofilms is one of the most significant microbial traits allowing these adaptations since it makes it easier to adapt to challenging environmental circumstances.

A lot of work has been done in recent years to better understand microbial biofilms, which are described as intricate and organized communities in biology contained in an polymeric matrix that may form on wet surfaces that are either biotic or abiotic. Because bacteria may stick to practically any surface, including wood and food items, the development of biofilms in the food business is frequent and causes worry. Bacterial foodborne illnesses are more likely to arise and cause economic losses when they are attached to food and contact surfaces. For instance, 59% of food-borne illness outbreaks evaluated in France had equipment contamination with biofilms as a significant cause. Since they are shielded from environmental stressors like UV radiation, dehydration, or treatment with antibacterial and sanitising chemicals, bacteria in biofilms provide their members a survival advantage, which makes getting rid of them extremely difficult. Bacteria in biofilms may also be useful for biotechnological applications and for the food business. For instance, it aids in the waste treatment process and the manufacture of fermented foods.

Biofilm in the Food Industry

There are significant ramifications when bacteria cling to surfaces used in the food business and subsequently form biofilms. Such organised microbial communities are an opportunity for raw materials and processed food to get contaminated goods as they go through different phases of food manufacturing activities. They serve as a reservoir of microorganisms in food processing facilities. Additionally, the existence of biofilms may result in food spoiling, financial losses, shortened product shelf lives, or disease transmission. Salmonella spability .'s to stick to surfaces was originally documented in a research on pathogenic bacterial biofilms [46]. Since then, several bacteria, including *Listeria monocytogenes*, shown to produce biofilm in food producing facilities. *Escherichia coli*, *Campylobacter jejuni*, *Staphylococcus* spp., and *Yersinia enterocolitica* [47, 161].

L. monocytogene is detected in environment of food company facilities and been isolated from dairy processing facilities. This microbe has strong adhesion to inert surfaces and has been

shown to persist for a long time in sessile form (32, 58, 71, 97, 129, 161, 176). For instance, Unnerstad et al. [177] discovered similar *L. monocytogenes* clone surviving for 7 years in a dairy facility. Additionally, Miettinen et al. [121] showed that isolates of *L. monocytogenes* PFGE type II have endured for at least 7 years in an ice cream factory.

Common food borne microbes in the food industry is *Staphylococcus aureus* [116, 152]. Researchers have shown that the *Staphylococcus* genus may attach to surfaces and produce biofilms [116]. In their investigation of biofilm development in *S. aureus* strains associated with food and clinical settings grown under various stresses such as temperature and ethanol. Rode et al. [152] found that certain food additives, including sodium chloride and glucose, may encourage *S. aureus* to form biofilms. Exopolysaccharides (EPS) and biofilm formation by *E. coli* occur on food surfaces and machinery utilised in beef companies [20, 44]. Earlier this year, Mendonça et al. [117] also showed that *E. coli* O157:H7 had the ability to form biofilm on various surfaces frequently used by the food industry, and Dourou et al. [44] found that *E. coli* indicating the necessity for more comprehensive cleanliness programmes. In addition to the places where cattle is slaughtered (15 °C), attachment also happened during cold storage (4 °C).

A problem for the food business is that lactic-acid bacteria (LAB) may result in biofilm, which might lead to unnecessary change in foods [87, 95]. One such instance is the non-starter lactic acid bacteria *Lactobacillus curvatus*, which may create calcium lactate crystals and the isomer D-(-)-lactic acid, which causes biofilm to grow and may cause sensory abnormalities in cheese [95]. Additionally, *Bacillus* biofilms production has been described, for example, in the powder of milk and in processing plants of whey, indicate a risk for foodborne illnesses [47, 101, 158].

It is also important to emphasise the advantages of biofilms for the food business, which are connected to biotechnological applications. For example, while making vinegar, the bacteria of acetic acid produce on the wood chips, and the attachments of bacterias promotes a more effective formation of acid from substrate. Biofilms are crucial components in the creation of fermented foods [172]. Additionally, findings from investigations by Demirci et al. [41] showed that *Saccharomyces cerevisiae*'s synthesis of ethanol in biofilms had advantages over traditional fermentation due to its increased productivity. Since *Aspergillus niger* biofilms established on polyester fabric produced 70% higher cellulose activity than easily floating mycelial culture,

Gamarra et al. [53] conclude that *Aspergillus niger* biofilms may be exploited for industrial manufacture of celluloses. Due to uses in companies in the processing of food, textiles, washing, flesh, and paper, these enzymes are significant. According to Morikawa [125], the prevention of infection brought on by the pathogens of plant, the decrease of steel corrosion, and the use of new chemicals are positive factors connected to biofilm development by *B. subtilis* and other bacilli. Controlling growth of harmful biofilms is crucial, yet good biofilms produced by industrial microorganisms may aid in the creation of novel biotechnological procedures.

Biofilm Formation

The term "biofilm" refers to an organised bacterial community that is attached to sides or other objects and fixed in an exopolysaccharide medium [38]. Their development entails the following steps: (1) initial planktonic cell attachment on surface (2) creation of extracellular polymeric medium (3) establishment of microcolonies and chemical signal secretion; (4) maturation of biofilm architecture; and (5) cell dispersion [62, 68, 123, 154]. However, several elements that will be covered in greater detail will need to be taken into record in this procedure of biofilm production.

Biofilm Architecture

On both biotic and abiotic surfaces, pathogenic biofilms produced by bacteria such *Salmonella* spp., *L. monocytogene*, *S. aureus*, *E. coli* O157:H7, *Bacillus cereus*, and *Vibrio cholerae* had been well researched [10, 17, 25, 164, 168, 179]. However, several pathogens, including *Chronobacter sakasakii*, *B. cereus*, and *C. jejuni*, can form detached totals and pellicle at the air-liquid edge [79, 96, 187]. Bacteria often produce non-uniformly constructed biofilms that vary in thickness, cell distribution, depending on the bacterial strain, genetic characteristics, environmental factors, as well as the experimental model employed in laboratory experiments (Table 1). A heterogeneity structural picture of microbial biofilms is provided by microscopic techniques including scanning electron microscopy, confocal laser Cry embedding and scanning microscopy were followed by sectioning and microscopic examination.. In contrast to SEM, CSLM and cry embedding techniques offer a greater capacity to photograph the inside of the biofilm and a greater capability to deliver quantitative data [17, 65, 66, 171].

Mature biofilms could previously be observed using a microscope method as an intriguing architecture comprised of clusters and edges, or more complicated micro colonies grouped in stalk-like or mushroom-like forms. Additionally, cell-free holes and networks in the biofilm's core may be seen, which may indicate a location for nutrition and waste exchange as well as local cell dispersion. For the organisation and maintenance of biofilms, certain cell free regions can be discovered full with EPS [17, 68, 69, 91, 171].

Factors Involved in Biofilm Formation: Surface Properties, Environmental Factors and EPS

Because they affect the first cell attachment, the physicochemical properties of bacterium and hard sides in the food business are crucial for biofilm development [1]. A few good examples of surface characteristics include hydrophobicity, cation bridging, roughness, and topography [133, 150, 181]. However, it is acknowledged that surface materials metal, plastic etc. frequently used in home or in the industry of food processing have a part in the retention of pathogens of foodborne [160, 174]. There is no agreement on whether bacteria can attach to hydrophilic and hydrophobic surfaces. Stainless steel type 304 is the contact material used in the food business because it is corrosion-resistant, easy to clean, and chemically occur at a range of processing temperatures [194].

Table 1: Biofilm architecture of some foodborne pathogens according to experimental laboratory model used

Bacteria	Experimental Model	Biofilm architecture	Reference
<i>C. Sakasakii</i>	Static condition	Pellicles and flocks.	(96)
	Flow condition	Basal Layer of cells and Micro colonies.	(70)
<i>L. monocytogenes</i>	Static condition	Homogeneous layer and micro colonies of rod cells.	(151)
	Flow condition	Ball-shaped micro-colonies surrounded by network of knitted chains composed of elongated cells.	
<i>C. perfringens</i>	Static condition	Flat and thickness biofilm encased in a dense EPS.	(179)
<i>P. aeruginosa</i>	Static condition	Flat biofilm during early colonization.	(106)
	Flow condition		

		Mushrooms like micro colonies surrounded by water-filled voids latter.	
<i>S. aureus</i>	Static and flow condition	Dense layer of cells	(144)

However, in general, because of constant usage, the material's topography exhibits fissures and crevices that shield the germs from mechanical cleaning techniques and sanitising treatments [161]. Additionally, some food processing tools and equipment, such as dicers, rollers, and conveyor belts, may contain difficult-to-clean inaccessible places [32, 165]. Additionally, any leftover food particles or particles, such as proteins in milk of beef, might be adsorbent to the surface and build a conditioning layer on food processing. Typically beginning during the first five to ten seconds of contact, this early stage may offer a niche where microorganisms can quickly proliferate [82, 88, 165, 194]. Thus, food medium can significantly hinder the sanitising and cleaning of surfaces used in food preparation. Additionally, bacteria may sense surfaces and/or connect to them by using sporulation, cellular membrane constituents such as protein and supplements (such as flagella, pili, fimbriae, and curli fibres) [15, 19, 36, 78, 138, 157, 166, 179, 187].

Additionally, various environmental parameters, such as pH, temperature, the amount of nutrients in the medium, and the population features of bacteria, have an effect on the physicochemical features of solid surfaces as well as cell wall modification [34, 64, 81, 83, 152]. Between various and different shapes of the same species, the EPS volume, arrangement, chemical makeup, and physical characteristics might change greatly [40, 49, 111, 114, 150]. Among Gram-positive bacteria, staphylococci are among the best EPS producers, creating a slime with teichoic acid, small amounts of proteins, and a concoction of polycationic exopolysaccharide and polysaccharide intercellular adhesin (PIA) known as poly-N-acetylglucosamine (PNAG), and polysaccharide intercellular adhesin (PIA) [135]. Similar to PIA, adhesin-like polymers appear to be produced by some species of Gram-negative bacteria, such as *E. coli* [185]. However, since it was identified by Whitchurch et al. [186] as a significant component of structure of *P. aeruginosa* biofilm, the eDNA has received the most attention as an element of EPS. Other pathogens, such as *B. cereus*, *S. aureus*, *L. monocytogenes*, and *V. cholerae*, have recently had their role and

potential source revealed [21, 39, 67, 106, 144, 156, 182]. Therefore, understanding these unique matrix components' roles in biofilm formation and dispersal as well as their interactions with other cell components may help researchers come up with fresh ways to stop and manage biofilms.

Bacterial Biofilm Dispersal

Bacterial dispersion might happen in the environment spontaneously when biofilms form, most likely as a result of hazardous waste buildup or nutritional deficiency [81, 155]. According to Kaplan [80], active or passive processes are often responsible for biofilm dissemination. The former is connected to bacterial structures and the synthesis of extracellular chemicals (e.g., signalling molecules). The latter is affected by outside factors via several processes: 1) Sloughing, also known as the quick and extensive elimination of significant areas of the biofilm, is most frequently done in the later phases of biofilm production.; 2) Shearing or erosion, which describes the regular elimination of a biofilm's one cell or tiny branches of cells at low levels throughout the biofilm growth process.; and (3) Abrasion is the term for the detachment brought on by solid particles slamming into the biofilm. When bacterial contamination is brought about by human interaction in medical devices or food processing facilities, chemical, physical, or biological cleanup can also be utilised [29, 63]. Additionally, in single-species and multi-species biofilms by creating interspecific antimicrobial chemicals, intimate connections based on competition, mutualism may cause cell dispersion matrix-degrading enzymes or quorum sensing (QS) signals [30, 112, 115, 124, 173, 178]. As a result, it emphasises the fact that a variety of elements are "necessary" or "needed" for the dispersal of biofilm, and some of them are crucial to successfully removing primary molded biofilms on hard exteriors.

Methods to Prevent and to Control Cells in Biofilms

For regulating food quality and safety, Good Manufacturing Practice and Hazard Analysis and Critical Control Points have been devised [158]. Identifying the Critical Points where biofilms might grow and evolve is one of the first stages in preventing and controlling them [158, 194]. Compared to their planktonic counterparts, microorganisms in biofilms are 1,000 times more resistant to disinfectants. The synthesis of enzymes that break down antimicrobial compounds, decreased diffusion, anaerobic growth, physiological changes brought on by slower growth rates, and other characteristics of the physiology of biofilms [73, 88, 163, 165]. The most popular disinfectants used by the food industry, such as quaternary ammonium compounds, ozone,

peracetic acid, phenols, and biguanidines, are insufficient to remove the biofilms as a result of those factors [129, 161, 189, 194]. As a result, a combination of sanitizers and other techniques is occasionally necessary [118, 161, 163]. Because of their capacity to pierce and reach tight spaces, steam vapour technology and aerosolized sanitizer are promising uses for disinfecting biofilms on environmental surfaces [141].

According to Park et al. [141], treatment along 100 ppm of per acetic acid was much successful than the same dosage of sodium hypochlorite in inactivating biofilm-borne *L. monocytogenes*, *Salmonella Typhimurium*, and *E. coli O157:H7*. A procedure known as Clean-In-Place (CIP) is used in dairy manufacturing facilities (DMP) to reduce biofilm. CIP comprises cleaning and sanitising using a mix of machine-driven, current, and chemical processes [24, 88, 95, 128]. Preventing cell adherence by altering the chemical composition of surfaces is another method for managing biofilms [27, 163]. Surfactants have a basic structural property that includes both a hydrophilic and hydrophobic arrangement, and they may aid in enhancing cleaning processes through emulsification and wetting [27, 163]. It has been discovered that the biosurfactants generated by a wide range of bacteria, actinobacteria, and fungi may be helpful in preventing the development of biofilms [57, 161, 167].

According to Gómez et al. [58], pre conditioning polystyrene exteriors with surfactin (0.25%) decreased *L. monocytogenes* and *S. enteritidis* adherence by 42.0%, whereas treatment with rhamnolipids (1.0%) reduced *L. monocytogenes* adhesion by 57.8% and *S. aureus* union by 67.8%. Molecular and genetic underpinnings of pathogenic biofilm development are the present focus of research since they may help with the creation of fresh methods to obstruct important biofilm growth pathways [70, 90, 94, 97, 176]. Although the molecular processes by which the majority of foodborne pathogen develop biofilms are not well understood, it is identified that cellulose and aggregative fimbriae (Tafi) are two predominant matrix components of *Salmonella* biofilms [168, 169]. In *S. aureus*, the development of biofilms is regulated by a number of genes, primarily *sarA*, *agr*, *ica*, and *sigB* [2].

According to the research, QS systems may influence the establishment of biofilms as well as networks that regulate sporulation, competence, and virulence [2, 84, 161, 169]. Due to the uncertainty surrounding their safety, Other microbial, vegetal, and animal species release QS inhibitors, along with Quorum Quenching enzymes, which cause the enzymatic decimation of

indication particles, are also a very appealing way for control and regulation of biofilms, though this is still a challenge [2, 81, 93, 161]. Enzymatic cleaning has the potential to be employed in the food sector as an another technique to eliminate biofilms. Cryotin, and krilltrypsin were tested in contradiction of biofilms of *Lactobacillus bulgaricus*, *Lactobacillus lactis*, and *Streptococcus thermophilus* by Augustin et al. [11]. Despite the positive outcomes mentioned by the writers, the usage of enzymes is quiet restricted since it can be challenging to determine which enzymes are most efficient against certain forms of biofilms and because they are expensive. [118, 161].

Bacteriophages, viruses that specifically mark bacteria, may also be a viable approach for eliminating undesired bacteria in biofilms. The foundation of phage treatment is the use of lytic-phages that have the capacity to compromise the structural integrity of the EPS matrix seen in biofilms [43, 147, 161]. According to Pires et al. [147], lytic phages were isolated and characterised, and they were able to infect antibiotic-resistant *P. aeruginosa* strains and cause a 3 log drop in cell counts in biofilms. Due to their ability to regulate biofilm, antimicrobial compounds known as bacteriocins have received much research [55, 161]. Although the precise mode of action in biofilms is still not fully understood, bacteriocins are well recognized to create holes in the bacterial cell membrane [3]. Winkelströter et al. [188] showed that *L. monocytogenes* biofilm development may be inhibited by culture supernatant covering bacteriocin generated by *Lactobacillus sakei* 1. Spray-dried *Lactococcus lactis* UQ2 or *Lactococcus lactis* UQ2 decreased *L. monocytogenes* Scott A planktonic and sessile cells adhered to stainless steel chips by more than 5 log [55]. To control bacteria in biofilms, several natural antimicrobial substances have been investigated [8, 20]. After 24 hours of exposure, Laird et al. [89] showed that the number of *Enterococcus* sp. and *S. aureus* in biofilms were decreased by 1.5 and 3 log by the essential oil vapours of orange/bergamot (1:1, v/v). Sugar fatty acid esters decreased *S. aureus* adhesion, as demonstrated by Furukawa et al. in their study (51). *Monocytogenes*, *L.* and *Streptococcus mutans* on an abiotic surface. Scallop shell powder (SSP) was shown by Bodur and Cagri Mehmetoglu [20] to reduce the growth of *L. monocytogenes*, *S. aureus*, and *E. coli* O157:H7 in biofilms on stainless steel surfaces, while acidic and neutral electrolyzed waters were shown by Arevalos-Sánchez et al. [8] to has significant antibacterial action against listerial biofilms at doses of 65 ppm or higher. Although progress has been made to understand the processes that govern undesired biofilms, additional research is still required in this field because no strategy is thought to be 100% successful. Techniques for Finding and counting bacterium in Biofilms. Sessile cells be removed

from exteriors using techniques including sonication, sponge swabbing, and agar plating or enrichment for pathogen identification. The swabbing approach may not be effective in removing all bacteria, according to some authors [26, 50, 56, 119, 137], and using an ultrasonic device may produce more consistent results [9, 136, 137]. The combined swab-vortex method outperformed shaking, vortexing with glass beads, vortex and sonication in removing germs from stainless steel, according to Luppens et al. [104]. Other writers [100, 122] did not discover any appreciable variations between these approaches. By using direct microscopic inspection, Bremer et al. [24] confirmed that after the vortexing procedure but not after the swabbing approach, mixed biofilms of bacteria persisted on the surface under study. By using a SEM, Lindsay and von Holy [100] found shaken beads unconcerned cells and EPS remains from the exteriors more effectively than vortexing.

Numerous microscopy methods, including fluorescent microscopy, CLSM, and scanning electron microscopy, have been used to qualitatively and/or quantitatively analyse the architecture of biofilms on various surfaces. Examining fluorescent specimens requires the use of CLSM and fluorescence microscopy. Fluorescence microscopy can only analyse multilayered biofilms in two dimensions, but CLSM enables quantitative visualisation of biofilm reconstructions in two-dimensional, three-dimensional and four-dimensional space without causing any invasiveness to the subject [45, 93]. Calculations of the biofilm's volume, volume to surface ratio, roughness ratio, mean thickness, and maximum thickness are also possible, but they rely on the availability of specialised software and the user's knowledge of how to use it [18, 92]. The most widely used fluorescent probes for determining the total number of bacteria in biofilms are those that mark DNA and RNA with acridine orange (AO) or other DNA-specific dyes. The most popular feasibility-staining methods for biofilm tasters are CTC-DAPI (5-cyano-2,3-ditolyl tetrazolium chloride and 4',6-diamidino-2-phenylindole) and the LIVE/DEAD bacterial viability kit Bac Light™, is used to distinguish between total cells and living cells by noticing metabolic activity and cell viability, respectively. Binding of total cells (SYTO 9, SYTO 63), dead cells (SYTO X blue), proteins (SYPRO Ruby and fluorescein isothiocyanate [FITC]), lipids (DiD, Nile red), and extracellular-polysaccharides (EPS) (Calcofluor white, concanavalin A-tetramethylrhodamine conjugate), a variety of fluorophores are also used to characterize biofilm. Genetically modifying microorganisms to show fluorescent protein (FP), which didn't need substrate or other factors for its activation, is another option for studying microorganisms in biofilms [162]. Multi-species

biofilms are also studied utilising dual approaches that employ two FP variations or one FP different paired with a glowing dye. [38, 61, 86, 105, 108, 126, 151].

Light microscopy struggles to capture the intricate ultrastructure of biofilms, while electron microscopy, such as SEM, has a greater picture and can reveal position of a solo bacterial cell as well as the three-dimensional (3D) structure of the biofilm. However, the biofilm samples must be dehydrated during preparation for SEM examinations, and the biofilm structure may change [5]. There isn't a single technique that enables you to see the structure of the biofilm matrix, according to Alhede et al [5]. 's comparison of four multiple SEM techniques: conventional SEM, Focused Ion Beam (FIB)-SEM, CLSM with SEM techniques [cryo-SEM and environmental SEM (ESEM), and SEM with CLSM. Lawrence [91] further showed that multimicroscopic study is required to fully understand the structure and content of biofilms. AFM is a different high-resolution imaging method that uses a straightforward sample preparation process [190] and is effective for assessing important parameters such size of cell, and surface roughness [46]. The incapacity to acquire a broad area review scan, the inability to examine the dividers of bacterial cells, and the easy character of the biofilm are some of the limitations of AFM [191]. Dáz et al. [42] used an AFM to study the flagella's direction in the biofilm that *P. fluorescens* developed on hard, dense exteriors without taster pre-cure. Teixeira et al. [174] employed AFM to evaluate the topography and roughness of surfaces quantitatively, but they struggled to connect the dots between surface characteristics and adhesion strength. AFM may provide good resolution pictures of *P. aeruginosa* type IV pili and is adequate to explore their elastic characteristics, according to research by Touhami et al. [175]. By hybridising to ribosomal RNA, FISH is now a common molecular technique for locating and measuring specific genera in microbial populations. In Phylogenetic markers at the 16S and 23S rDNA sequences are used to create rRNA-targeted oligonucleotide probes for FISH, or peptide nucleic acid fluorescence in situ hybridization. (PNA-FISH) [59, 107, 139, 153]. These probes are labelled with a fluorescent dye (Cy3, FAM, FITC, rhodamine), an enzyme, or both. Shorter peptides are used in the PNA-FISH approach, which has greater specificity and understanding than traditional DNA probes [6, 110]. In order to prevent food contamination, methods for quick foodborne pathogen detection on surfaces are crucial. Molecular techniques, such as real-time polymerase chain reactions, can be used as an alternative to quickly identify and measure the presence of bacterial pathogens on contaminated surfaces (RT-PCR). Reactions are carried out in a 1 tube system, this approach is quick, sensitive, and specific, and it

minimises post-PCR contamination. It can also identify a small number of germs on surfaces. DNA from dying cells is amplified leads to false-positive PCR findings, a different approach to prevent Apply an improvement method that rises concentrations of targeted cells and only lets for the detection of living bacteria [60, 109]. Additionally, based on membrane integrity, PCR has been utilised to quantify living cells in biofilms as described by Nogva et al. [131]. These researchers employed the DNA intercalating dyes ethidium monoazide (EMA) and propidium monoazide (PMA), which only enter cells with damaged membranes (dead cells). Quantitative PCR (qPCR) is used to extract genomic DNA and analyse it without include cells with damaged membranes in the study. Because some bacterial species' living cells may also be penetrated by EMA, which causes significant DNA loss, the PMA assay may have a significant benefit done the EMA assess [130, 140].

Using qRT-PCR and fluorescent dyes, several papers have estimated the number of duplicates of a mark gene and evaluated the quantity of RNA transcripts of specific genes to calculate the bacterial numbers in biofilms. Readings on gene appearance in biofilms may target specific genes using different fluorescently labelled probes, and the usage of double-categorized probes lets the simultaneous examination of several genes. [60, 98, 143]. Gene expression data from microarrays may be verified using qRT-PCR, which has a wide dynamic range. Another molecular technique that makes it possible to concurrently analyse several genes is the DNA microarray. Microarrays, which are composed of hundreds of different DNA arrangements, each one linked at a identified place to a tiny solid surface, may be used to learn about the genetic foundation of microbial diversity, evolution, and epidemiology. An indication of the nucleic acid sequences can be produced by complementary, tagged mRNA or DNA binding to the static arrangements, creating a gene expression profile for a particular microbe. [13, 103, 104, 191].

Compared to biofilm cells and planktonic cells, or mutant vs. wild-type cells, microarrays have mostly been employed to analyse changes in gene expression caused by environmental stressors or treatments that imitate circumstances seen in the food business [149, 184, 192, 193]. In more recent years, a large number of writers have employed molecular techniques and proteomic tests to clarify several biofilm structural components, regulatory mechanisms, and signalling molecules involved in the development of biofilms [72, 76, 183, 192]. In order to grow and quantify biofilms using 96-well microtiter plates, a number of high-throughput techniques

have been developed. These techniques include (aSYTO 9 [22], the BioFilm Ring Test®, and the Biofilm Biomass Assay, which assesses living and dead cells as well as medium stained with crystal violet (CV) [99, 170]. Resazurin or Alamar Blue [132], the XTT test [4, 52, 146], and non-fluorescent fluorescein diacetate (FDA) [74, 142] are examples of such tests. are all methods for quantifying live cells.

The 1,9-dimethyl methylene blue (DMMB) dye, which is produced when a decomplexation solution is added and indicates the quantity of polysaccharides that occur in the biofilm matrix, may be used to quantify the biofilm matrix [14]. Broad application and high repeatability in microtiter plate tests for resazurin, XTT, FDA, SYTO 9, and DMMB were confirmed by Peeters et al. [142]. Due to fewer handling procedures, including no washing or staining, the BioFilm Ring Test® was quicker than the CV technique [33]. The Alamar Blue technique has a number of advantages over other approaches, absence of chemical toxicity, and viability assessment [146]. Burton et al. [28] established a spectro fluorometric method to measure bacteria growing in microtiter plates and discovered that it was further complex and specific than CV stain. They stained bacterial biofilms with wheat germ agglutinin-Alexa Fluor 488 conjugate, which specifically binds to N-acetylglucosamine remains in biofilms. To see and measure biofilms, some authors combined specialized microplates with microscopy, such as the Calgary Biofilm Device (CBD) and SEM [31] or CLSM and SEM [68]. Benoit et al. [16] created a Bioflux system with regulated flow rates and real-time viability determination that permits microscopic analysis, whereas Bridier et al. [25] employed a technique paired with CLSM. examination.

Conclusion

In the surroundings of the food business, several bacteria are able to stick and form biofilms, which may serve as a significant reservoir for adulteration of food items. Biofilms exhibit a tremendous degree of difficulty, and many of the underlying processes are still poorly understood. Recent years have seen a significant increase in the use of genomic and proteomic analysis to screen and discover genes associated with biofilm development or dispersion. In an effort to manage the microorganisms in biofilms, these novel approaches may improve our study of the molecular underpinnings of the regulatory pathways in biofilms. They will also accelerate the creation of new tactics and technology.

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